

Rishi Valley Rural Health Centre
(Krishnamurti Foundation India)

Tel: + 91 8571 280573/280850 (Clinic)
+ 91 8571 280622/280582 (Office)
Fax: + 91 8571 280261
E mail: rvsrhc@gmail.com
www.rvrhc.blogspot.com

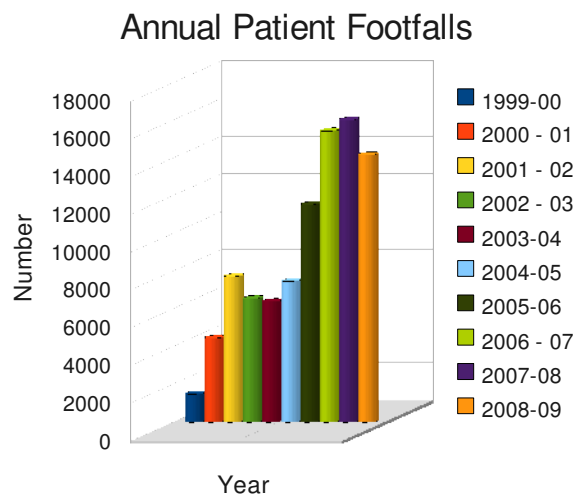
Rishi Valley PO
Madanapalle: 517352
Andhra Pradesh
India

HEALTH CARE TO BELOW POVERTY LINE RURAL FAMILIES

ANNUAL REPORT
2008 - 09

1. Outpatient:

The year 2008 – 09 saw **14153** patients accessing the health centre, bringing the total number who have benefitted to over 77,000. The chart below shows the number of patients accessing the health centre over the years.



2. Programmes:

- Eye Care Programme** (Supported by AGAMA India and VDC London): This programme continues to do well. **133 Cataract** and **4 other surgeries (Dacryocystectomies and Glaucoma)** were done over the year at both Satya Eye Care Centre and SILOAM Eye Centre (unit of LV Prasad Eye Institute Hyderabad), at Madanapalle. In addition 208 glasses were prescribed to patients with defective vision and 481 patients were given medications.
- Antenatal Programme** (Supported by VDC London): 33 new patients were registered in the year 2007 – 08. 12 of the 14 deliveries were institution based. Of the 12 institutional deliveries, 09 were normal and 3 caesarean section. The programme with the Government is going well.
- Tuberculosis Programme** (Supported by SIDVIM India): The TB programme diagnosed, **36** new patients in 2007 – 08. **13** were treated at the RHC and 23 referred to the RNTCP – DOTS Programme. We have added the treatment of MDR TB at this Centre.
- Under 15s Clinic** (Supported by Heart and Hand for the Handicapped, USA): This programme provides for free/subsidised management of illness amongst the under 15s. **1592** children benefitted

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from this programme.

- e) **Care of Children at Tertiary Care Centres** (Supported by Shishukunj International, London): **29** children were treated at St Johns Medical College, Bangalore and other Nursing Homes in Madanapalle. The range of patients included, Thyrotoxicosis, Ventricular Septal Defect, Cerebellitis etc.
- f) **Old Age Support** (supported by VDC London): This programme aimed at alleviating disease and suffering amongst the old people, who are by far and large marginalised, provided free / subsidised treatment for 1013 old people.
- g) **Women In Need** (supported by Shravika Satsang Mandal, London): This programme aims to provide health care to destitute women. **784** women benefitted from this programme for various diseases including Hysterectomies, Anti Retroviral Therapy etc.

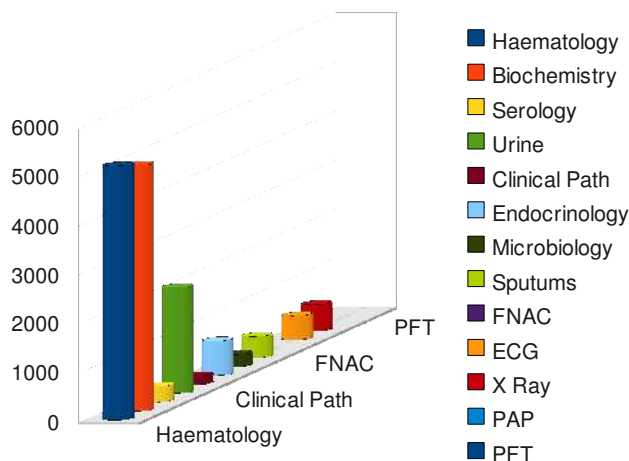
3. **Diagnostic Centre:**

The laboratory continues to be very busy with an average daily workload of about 50 patients. More than 15000 investigations of different kinds including X Ray, Microbiology as well as Pulmonary Function Testing were done in 2008 – 09.

As is evident from the chart below the bulk of the load was from Haematology and Biochemistry.

HIV: 7 out of 160 tested (0.04%) were found to be HIV positive. This is in consonance with the reported incidence in India. All of them have been referred to ART Centres established by the Government.

Diagnostic Centre 2008 - 09



Additions: Rapid culture for Tuberculosis: this enables growth of Tuberculosis Bacteria in 72 hours as opposed to the conventional 6 weeks. This was made possible thanks to a donation from Ms Vinatha Reddy.

A coagulometer for testing the various clotting factors in the blood. This was thanks to a donation from Mr Krishna and Ms Padmaja.

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A binocular microscope with an inbuilt UPS thanks to Dr Sriranjini.

4. Infrastructure Added:

The new patient toilet block was ready in January and has proved to be a blessing for all the patients. This is being used by most of the patients, though some of them required training in the use of a toilet. The new Outpatient Block is under construction and we hope to have it ready by February 2010.

5. Conferences:

Dr Kartik and Dr Kamakshi attended the 2nd Cardiovascular Control Conference in December 2008, where they were invited to attend the proceedings since the paper on Rishi Valley Vascular Diseases Project was being presented by Baker Heart Institute IDI, Melbourne, Australia.

Dr Ramesh attended the conference on Developmental Musculo Skeletal Anomalies in Coimbatore.

6. Donations and Funding:

The RHC received funding from the following persons/organisations in the year 2008-09.

- a) Ahsan Hydari an alumnus of Rishi Valley ('60) for the construction of new Out Patient Block.
- b) Munniswamy Trust and Vinatha Reddy for the Rapid Culture of Tuberculosis Bacteria
- c) Mr Krishna Kolchala and Ms Padmaja Anant for purchase of a Coagulation analyser for the Diagnostic Centre.
- d) SISHUKUNJ International to meet the hospitalisation needs of children.
- e) Heart and Hand for the Handicapped, USA, to provide free medicare to the children of Kurbalakota Mandal.
- f) SIDVIM foundation (Mr Jagdish Dore '65) for the Tuberculosis Programme.
- g) Shravika Satsang Mandal, London for the Women In Need programme.
- h) Village Development Council, England for the Eye Care, Old Age and Ante Natal Programmes.
- i) Mr Ramesh Mangaleswaran, Barbara and Owen Berkely Hill, Dr and Mrs PBS Sarma, Dr Yug Chaudhri, Mr Kothari, Mr Murali Reddy, Ms Sumana Reddy and a host of well wishers have contributed generously to the working of the health centre.
- j) The many well wishers whose contributions have helped us immensely in providing quality health care to the rural poor.

7. The health centre has established itself providing quality health care at affordable costs to the Below Poverty Line Rural Families. The process of modernising our laboratory is under way with the addition of the Coagulometer and Rapid Culture for Tuberculosis Bacteria. In the coming year we hope to add a semi auto analyser which will help us in providing a greater range of testing at a low cost to our patients. We are also hoping to raise the salary of our staff. Contributions for that are welcome. I would, on behalf of the Patients who access the Health Centre and Staff of the RHC, appeal to all those interested to contribute generously.

Thank you one and all.

Kartik Kalyanram
Coordinator

12 October 2009